

Buying guide

Home and office chairs

Free
10
Year
Guarantee

Read more in the guarantee brochure for VOLMAR, MARKUS, TROLLBERGET, LÅNGFJÄLL, HATTEFJÄLL, FJÄLLBERGET, ALEFJÄLL, JÄRVFJÄLLET and FLINTAN.

New payment plan without a card



Instant Loan
6 to 48 monthly installments

Interest-free installments
with all credit cards.

36
500€

24
300€

12
100€



Work chair with a perfect fit

Choosing the work chair is easy if you know what you need. Think about what kind of activities you will do in the chair – computer work, drawing, bill writing? And how much time you will spend sitting in it. A basic height-adjustable chair may offer the comfort you need for shorter periods. But for fulltime work, you might need one with more adjustable features to help you vary sitting positions. Do you have special needs, e.g. want relief for your back, support for your arms and shoulders? What style do you like? Let your answers to these questions guide you to the perfect work chair for you.

Can take a tough day at work

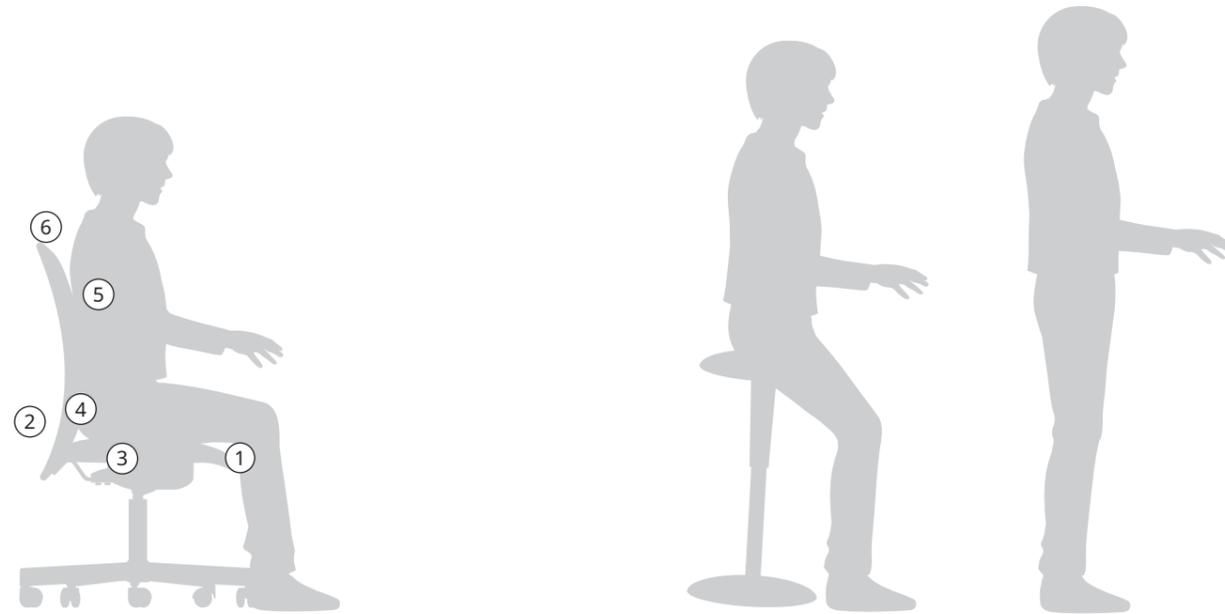
A chair that is tested for office use fulfils high requirements on ergonomics, stability, strength and durability. We know, because we put the chair through many different tests and tough challenges. For example, we sized the chair according to both European and American measurement requirements, subjected it to heavy loads and tested the endurance of each part – up to 300,000 times. We did all this to make sure it would be comfortable to sit in, safe to use and capable of enduring fulltime deskwork – for many years.

All the products (shown here) may not be available at the store. Please contact the staff or look at www.IKEA.gr for more information. For more detailed product information, see the pricetag and the Internet. All units require assembly.



Good to know

The human body is made to move, so ideally, your workspace should give you the choice of sitting, standing or leaning, allowing you to change positions often.



Sitting

1. You should be able to stretch your legs under the table and turn 90° to the left and right. The hips and knees should be at an angle of approx. 95-100° with your feet flat on the floor. If you share the chair with other people, the height adjustable seat allows all of you to sit comfortably.
2. It doesn't matter if you're short or tall. With an adjustable seat depth or a height adjustable backrest you can try different depths and heights and get exactly the support your legs and back need.
3. A chair with tilt function makes it easy to change sitting position, regardless of whether the tilt function is in the seat or the backrest – or in both places.
4. The lumbar region is where we usually feel the first onset of tiredness. A chair with built-in lumbar support relieves pressure on your back.
5. Armrests reduce strain on arms and shoulders. Adjustable armrests reduce strain even more – regardless of how tall or short you are. Make sure that the armrests don't prevent the chair from being drawn close to the desk, and that they don't restrict your movements.
6. If you've been sitting at your desk for some time, it may feel nice to lean back and change your position for a moment. With a headrest on your chair, your head and neck also get some well-deserved relaxation.

Good to know



Height adjustable seat for a comfortable sitting posture regardless of body height.



Adjustable seat depth; easy to adapt for increased support to your thighs and back.



Height adjustable backrest; gives lumbar support and relieves strain on your back.



Lockable tilt function for increased stability in different sitting positions.



Adjustable tilt tension; increase or decrease the resistance to suit your movements and weight.



Synchronised tilt function in seat and backrest; the chair follows your movements when you lean forward or back.

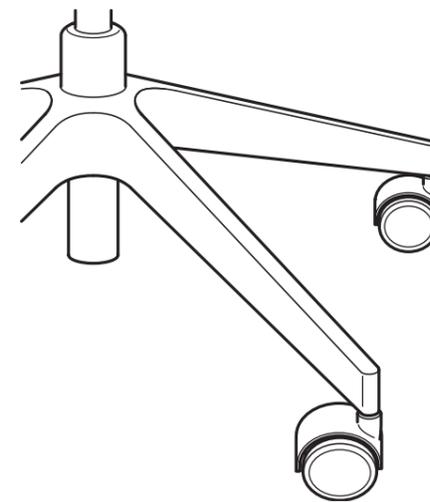


Weight compensation mechanism automatically finds the right amount of tilt tension to open up your body when you lean back.



Depth adjustable armrest; adjust the depth according to your needs.

Safety castors



Chairs should stay where you leave them and not roll away on their own. That's why we put safety castors on our chairs. The castors have a built-in pressure-sensitive brake mechanism so that they roll freely and easily when you sit on the chair – and brake when you stand up. Note that even though the castors don't roll when braked, they can still slide on the floor if the chair is pushed.

All parts and prices

Office chairs



Free 10 Year Guarantee

FLINTAN swivel chair. Seat W47×D48 cm. Tested for 110 kg. Height adjustable 47–60 cm. Self adjusting tilt tension. May be completed with NOMINELL armrests. Rubber-coated castors; run smoothly on any type of floor. Design: Henrik Preutz.

Vissle black	203.368.41	59.99€
Vissle grey	203.368.36	59.99€



NOMINELL pair of armrests. Relieves the pressure on arms and shoulders. Fits FLINTAN swivel chairs.

Black	902.002.69	15.01€
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Free 10 Year Guarantee

MARKUS swivel chair. Seat W53×D47 cm. Tested for 110 kg. Height adjustable 48–57 cm. This chair is tested and approved for office use. Rubber-coated castors; run smoothly on any type of floor. Design: Henrik Preutz.

VISSLE dark grey	702.611.50	179€
GLOSE black	401.031.00	199€



Free 10 Year Guarantee

JÄRVFJÄLLET swivel chair. Seat W52×D46 cm. Tested for 110 kg. Height adjustable 45–56 cm. The mesh material of the backrest lets air through to your back during long sitting periods. You can adjust the lumbar support and seat depth according to your body.

GUNNARED dark grey	303.635.94	179€
GUNNARED blue	203.635.99	179€
GUNNARED beige	704.199.52	179€
GLOSE black	903.635.53	199€



JÄRVFJÄLLET pair of armrests. Relieves the pressure on arms and shoulders. Fits JÄRVFJÄLLET swivel chairs.

Black	103.086.69	20€
White	204.294.34	20€



Free 10 Year Guarantee

HATTEFJÄLL swivel chair. Seat W50×D40 cm. Tested for 110 kg. Height adjustable 41–52 cm. An ergonomic office chair with gently curved lines.

Gunnared beige	003.086.84	169€
Gunnared grey	103.413.34	169€
Gunnared light brown-pink	203.413.43	169€
Smidig black	004.283.18	259€



HATTEFJÄLL pair of armrests. Relieves the pressure on arms and shoulders. Fits HATTEFJÄLL swivel chairs.

White	303.413.47	20€
Black	004.294.26	20€



Free 10 Year Guarantee

LÄNGFJÄLL swivel chair, 5 legs with castors. Seat W53×D41 cm. Tested for 110 kg. A comfortable office chair with lightly curved lines, attention to the sewn details and an easy-to-use mechanism hidden under the seat to highlight the design.

Gunnared beige/black	891.775.66	119€
Gunnared beige/white	192.523.66	119€
Gunnared blue/black	191.775.79	119€
Gunnared blue/white	492.523.79	119€
Gunnared dark grey/black	291.775.74	119€
Gunnared dark grey/white	492.523.84	119€
Gunnared light brown-pink/black	192.610.78	119€
Gunnared light brown-pink/white	492.523.98	119€



Free 10 Year Guarantee

LÄNGFJÄLL swivel chair with high back, 5 legs with castors. Seat W53×D41 cm. Tested for 110 kg. A comfortable office chair with lightly curved lines, attention to the sewn details and an easy-to-use mechanism hidden under the seat to highlight the design.

Gunnared beige/black	491.776.29	129€
Gunnared beige/white	092.524.80	129€
Gunnared blue/black	891.776.65	129€
Gunnared blue/white	292.525.11	129€
Gunnared dark grey/black	791.776.42	129€
Gunnared dark grey/white	392.525.15	129€
Gunnared light brown-pink/black	792.610.99	129€
Gunnared light brown-pink/white	992.525.41	129€



LÄNGFJÄLL pair of armrests. Relieves the pressure on arms and shoulders. Fits LÄNGFJÄLL swivel chairs.

Black	503.205.65	20€
White	703.205.69	20€



Free 10 Year Guarantee

ALEFJÄLL swivel chair. Seat W51×D42 cm. Tested for 110 kg. Height adjustable 45–56 cm. An ergonomic office chair with a traditional look.

Glose black	703.674.58	249€
Grann beige	503.086.86	249€
Grann golden brown	404.199.82	249€



Free 10 Year Guarantee

TROLLBERGET active sit/stand support. Tested for 110 kg. Height adjustable 66–80 cm. Gives you an active sitting position thanks to tilting mechanism of the seat.

Glose black	803.793.47	119€
Grann beige	003.882.61	119€



Free 10 Year Guarantee

LIDKULLEN active sit/stand support. Tested for 110 kg. Height adjustable 59–81 cm. Gives you an active sitting position thanks to tilting mechanism of the seat.

GUNNARED dark grey	304.457.74	99€
GUNNARED beige	004.183.76	99€



Conference chairs



STOLJAN conference chair – polyurethane covered cotton/polyester seat. Seat W44×D44×H46 cm. Tested for 110 kg. The chairs are stackable and save space when not in use. A maximum of 7 chairs can be stacked together.

Black	099.074.51	39.99€
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Free 10 Year Guarantee

LÄNGFJÄLL swivel chair, 5 legs with castors. Seat W53×D41 cm. Tested for 110 kg. A comfortable office chair with lightly curved lines, attention to the sewn details and an easy-to-use mechanism hidden under the seat to highlight the design.

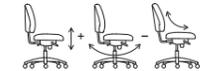
Gunnared beige/black	891.775.66	109€
Gunnared beige/white	192.523.66	109€
Gunnared blue/black	191.775.79	109€
Gunnared blue/white	492.523.79	109€
Gunnared dark grey/black	291.775.74	109€
Gunnared dark grey/white	492.523.84	109€
Gunnared light brown-pink/black	192.610.78	109€
Gunnared light brown-pink/white	492.523.98	109€



Free 10 Year Guarantee

LÄNGFJÄLL swivel chair with high back, 5 legs with castors. Seat W53×D41 cm. Tested for 110 kg. A comfortable office chair with lightly curved lines, attention to the sewn details and an easy-to-use mechanism hidden under the seat to highlight the design.

Gunnared beige/black	491.776.29	119€
Gunnared beige/white	092.524.80	119€
Gunnared blue/black	891.776.65	119€
Gunnared blue/white	292.525.11	119€
Gunnared dark grey/black	791.776.42	119€
Gunnared dark grey/white	392.525.15	119€
Gunnared light brown-pink/black	792.610.99	119€
Gunnared light brown-pink/white	992.525.41	119€



Free 10 Year Guarantee

FJÄLLBERGET conference chair. Seat W42×D40 cm. Tested for 110 kg. Height adjustable 43–56 cm. The curved bent wood back and armrests are both comfortable and stylish.

White stained oak veneer/ Gunnared light beige	803.964.22	179€
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Free 10 Year Guarantee

FJÄLLBERGET conference chair, 5 legs with castors. Seat W42×D40 cm. Tested for 110 kg. Height adjustable 43–56 cm. The curved bent wood back and armrests are both comfortable and stylish.

White stained oak veneer/ Gunnared beige	204.852.42	199€
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All parts and prices

Home chairs



MOLTE desk chair. Seat W39×D36 cm. Tested for 110 kg. The chair is easy to adjust to 4 different heights - 41,45,48 and 51 cm. Design: Lycke von Schantz.

Grey	202.927.76	13.99€
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LOBERGET/BLYSKÅR swivel chair. Seat W44×D43 cm. Height adjustable 43-54 cm. These castors are designed for soft floors.

White	793.318.65	19.99€
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ELDBERGET/BLYSKÅR swivel chair. Seat W44×D43 cm. Height adjustable 43-54 cm. These castors are designed for soft floors.

Blue/white	093.318.59	29.99€
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ELDBERGET/MALSKÅR swivel chair. Seat W43×D44 cm. Height adjustable 43-55 cm. These castors are designed for soft floors.

Beige/black	693.318.56	34.99€
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Grey/black	593.318.47	34.99€
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Blue/black	993.318.50	34.99€
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Red/black	393.318.53	34.99€
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KULLABERG stool. Tested for 110 kg. Height adjustable 46-69 cm. The seat is designed in order not to rotate so you can easily find the holes to adjust the height. Design: Sarah Fager

Black	503.636.49	49.99€
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Pine/black	103.636.51	49.99€
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KULLABERG swivel chair. Seat W42×D39 cm. Tested for 110 kg. Height adjustable 44-55 cm. Adjustable feet make the chair stand steady also on uneven floors.

Black	903.255.18	69.99€
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Pine/black	103.203.41	69.99€
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Pine/red	404.728.75	69.99€
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SVENBERTIL/BALSBERGET Swivel chair. Seat W45×D47 cm. Tested for 110 kg. Height adjustable 40-50 cm.

White/white	593.031.23	49.99€
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Black/white	793.030.99	49.99€
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LEIFARNE/BALSBERGET swivel chair. Seat W45×D36 cm. Tested for 110 kg.

White/white	593.031.23	44.99€
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Orange/white	493.049.72	44.99€
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Olive-green/white	693.049.66	44.99€
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Dark yellow/white	293.017.00	44.99€
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RENBERGET swivel chair. Seat W49×D42 cm. Tested for 110 kg. Height adjustable 45-57cm. adjustable tilt tension that allows you to adjust the resistance to suit your movements and weight.

Bomstad black	203.394.20	49.99€
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MILLBERGET swivel chair. Seat W52×D45 cm. Tested for 110 kg. Height adjustable 45-58 cm. Adjustable tilt tension allows you to adjust the resistance to suit your movements and weight.

Bomstad black	903.394.12	79.99€
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Kimstad white	203.394.15	79.99€
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BLECKBERGET swivel chair. Seat W47×D45 cm. Tested for 110 kg. Height adjustable 47-59 cm. High-quality density foam will keep the chair comfortable for many years to come. Design: Francis Cayouette

Dark red	604.645.20	49.99€
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Beige	603.086.76	49.99€
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Dark grey	103.900.08	49.99€
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ÖRFJÄLL swivel chair. Seat W49×D43 cm. Tested for 110 kg. Height adjustable 46-58 cm. High-quality density foam will keep the chair comfortable for many years to come. Design: Sebastian Holmbäck & Ulrik Nordentoft.

White/Vissle blue	493.030.34	49.99€
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White/Vissle dark grey	393.030.39	49.99€
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White/Vissle dark yellow	893.030.46	49.99€
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White/Vissle purple	693.030.66	49.99€
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NILSERIK standing support. Seat diameter 35 cm. Tested for 110 kg. Height adjustable 51-71 cm. Gives you an active sitting position.

Black/Vissle black	303.499.56	49.99€
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White/Vissle grey	903.097.21	49.99€
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All parts and prices



LILLHÖJDEN swivel chair. Seat W44×D44 cm. Tested for 110 kg. Rubber-coated castors; run smoothly on any type of floor.

Idemo black	102.214.02	79.99€
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Blekinge white	402.387.12	79.99€
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SKRUVSTA swivel chair. Seat W48×D45 cm. Tested for 110 kg. Height adjustable 47-55 cm. The chair comes with both castors and feet. Rubber-coated castors; run smoothly on any type of floor.

Vissle grey	302.800.04	129€
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Idhult black	804.029.94	149€
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Ysane white	504.029.95	149€
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ODGER swivel chair. Seat W68×D68 cm. Tested for 110 kg. Height adjustable 43-54 cm.

White/beize	703.086.85	99€
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Avþraki	203.952.70	99€
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Accessories



KOLON floor protector. 120×100 cm. Suitable for most types of floors and flat-woven rugs. Not suitable for cork floors or heated wooden floors. If the floor protector is left lying on the floor for a long period a vacuum may form and cause damage to your floor. Therefore, lift the floor protector at regular intervals for ventilation.

	448.811.00	19.99€
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DAGOTTO foot-rest. W38×L49×H15 cm. This foot-rest helps you sit in a good working position at your desk and reduces strain on your legs, back and neck.

Black	402.409.89	9.99€
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PYNTEN seat pad W41×D43 cm. Tailor made to fit LOBERGET and ELDBERGET swivel chairs perfectly. Soft and comfortable to sit on while giving your room a warm and cosy look.

Dark grey	304.732.05	6€
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